

Ascension Notes



The Thought Adjustor

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I'd like to introduce the concept that there is a spark of God that resides in your heart. The foundation upon which this idea rests is an assertion that we do live in a Creation and that there is a Creator (God). In part The Creation is built of levels of distributed divinity. You and I are each tiny particles of this distribution, unique personalities who emerge into the outer fringes of material reality. Our purpose is to work inward and upward toward perfection and in doing so discover new potentials in divinity that an emerging aspect of the Supreme Being realizes.

We each have our little pre-personal Sparks of God living within us to be our guides as we begin our Universal odyssey. Our personalities and Divine Sparks will merge into one being through our willing participation. In the merger we give our personalities to our Guides and gain Eternity. Our Guides gain personality. The Urantia Book mostly refers to these little Bits of God by the term Thought Adjustors.

Before I ever read The Urantia Book I had an experience that allowed me to 'see with spiritual eyes' the structure of my own being in Spirit. The sense of I, my personality was present and linked to a human form that was mostly space given definition by a surrounding but tenuous glow of spirit. A radiant shadow is what I 'saw'. Within that human-shaped space was a single mote of brilliant white light living in the location where my physical heart would be located. (I described the experience in a story entitled, Portrait of Christ.)

After reading the UB I came to realize that I had seen my Soul in development. It was the tenuous glow of spirit that surrounded my future spiritual form. The little spark of white light was in fact my little Spark of God. The three elements, my personality, the Thought Adjustor and my Soul (an accumulation of spiritual values I had realized by my experience) are who I am in reality. Here on earth I need a sensory shroud (a body) and a material mind to give me identity.

Through practice I've learned that I can be both comforted and guided by my own little Spark of Deity by practicing stillness (inner quiet), requesting assistance and then listening for the spiritual nudges that are its means of guidance. All it takes is a sincere effort to start on the path of discovering the wonder of this gift that lives within them. Here is a group of links if you wish to pursue this further...

There are a number of Papers in the Urantia Book that are the foundation of my understanding of this unique expression of God. They are...

- Paper 107 - Origin and Nature of Thought Adjusters
- Paper 108 - Mission and Ministry of Thought Adjusters
- Paper 109 - Relation of Adjusters to Universe Creatures
- Paper 110 - Relation of Adjusters to Individual Mortals
- Paper 111 - The Adjuster and The Soul
- Paper 112 - Personality Survival

You can go to the Urantia Book web site and read any or all of these fascinating papers.

<https://www.urantia.org>

You can also read about my interaction with my own Adjustor whom I've named Old Sparky. That would be #17 in this series of essays.